

Hello Year 50 Parents and Students!

The Campus Health Centre receives many questions about how healthcare works in Canada and about medical things on campus, so I wanted to go over a few facts for everyone.

Immunizations are mandatory at Pearson. There is a list of all necessary vaccinations in the medical form, but students are required to have all the BC routine childhood immunization. Students must also have had a tetanus booster within the last eight years. Students are also required to have two doses of a WHO approved COVID-19 vaccine. There are no exceptions to this rule as it is an important way, we keep our community safe.

In the cafeteria on campus, we offer vegetarian, vegan and regular meals. We also offer Halal meat two or three times a week, and vegetarian meals the rest of the week for these students. We can also accommodate other dietary needs such a gluten free meal, but only with a diagnosed medical condition.

First year students coming from outside of Canada are on emergency medical insurance for the first three months at Pearson, as there is a provincial government mandated waiting period for health insurance. This insurance covers **emergency** items and services but does not cover any pre-existing conditions. So, if your student needs to see a doctor about something that has been going on since before they came to Pearson, the doctor's appointment will not be paid for. This also applies if they need blood work for a routine monitoring matter, such as checking their iron levels. Once students are on the public BC medical plan (Medical Services Plan or MSP), in their fourth month at Pearson, all doctor's visits are paid for.

The BC medical plan does not cover additional health practitioner services like the dentist, orthodontist, chiropractor, physiotherapist or optometrist. It also does not cover prescription, other medications or glasses. Your student will have to pay for all these things directly (unless your student is on full medical financial aid).

If your student needs medication, we will order this from a pharmacy in a nearby community. Sometimes the student and a school driver can stop and get this medication right after their doctor's appointment, but this is not always possible. It is expected for the student to pick up their medication and connect with the Health Centre to see if it is appropriate for them to keep the medication or if it needs to be dispensed weekly by the Health centre. Our pharmacy is on the bus route into town and there are regularly adults driving to and from campus, so students are able to ask for a ride one or both ways.

On campus we have clinical counselors available 3-4 days a week and access to other specialists, as part of the campus wellness team. These practitioners usually book appointments about two weeks in advance. There is no charge to see these professionals and there is no specific limit on the number of visits. However, if your student requires significant ongoing support, such as ongoing counseling, we may ask you to pay for some appointments as we only have limited appointments and this resource needs to be shared by everyone. We will talk to you about this before we ask you to pay. We are also happy to facilitate online or phone visits with student's existing doctors or counselors as we really encourage the continuity of care this promotes.

If your student has any mental health challenges, such as depression, anxiety or an eating disorder, we strongly recommend starting treatment, such as counseling and medication, before coming to Pearson. Treatment can take two to six months to really start making a difference and it is our experience that students who start treatment while at Pearson find it extremely challenging to stay up to date with their studies and exams. Therefore, it is much better for students to have started this before arriving at Pearson. We are also happy to continue the care and treatment plan that has been started at home.

Right now, there is a shortage of doctors in Victoria. If your student needs to see a doctor, for a minor health condition, we will be sending them to an urgent care or walk-in clinic. We will arrange transportation to and from the clinic. They will be waiting in queue alone but will always have a way to contact the school nurse for questions and updates.

If your student has to go to a hospital emergency department, we will let you know as quickly as we can and we will keep you updated once we know how they are doing. We will usually have a houseparent or a school driver drop them off and pick them up when they are finished and depending on the severity of the injury we may ask a friend or their houseparent to stay with them. The student will always have a way to contact the school nurse for questions and updates while at the hospital.

In Canada, young people are considered mature minors and in British Columbia are able to give their own consent for health care under the [BC Infants Act](#). This applies to all types of health care, emergency situations, medications, and procedures such as vaccinations. The health care practitioner needs to be sure that the young person understands the need for the treatment, the risks and the benefits. Here is a link specific to vaccination, but it describes the act quite well: <https://www.healthlinkbc.ca/healthlinkbc-files/infants-act-mature-minor-consent-and-immunization>

Additionally, health practitioners are legally bound to keep all young people's medical information confidential. Therefore, we cannot legally tell parents about medications and procedures that their student may undergo while in Canada without the student's consent. We strongly encourage students to talk to their parents about what is going on with their health, but we cannot compel them to tell their parents if they don't want to. As a school we will always tell parents if your student has a life-threatening medical concern, but legally we are unable to routinely tell parents other medical information without the student's consent.

Please let me know if you have any questions or concerns. I also encourage parents to review our health and wellness website which contains lots of good information! Here is the link: <https://pearsoncollege.sharepoint.com/sites/HealthandWellness>

Sincerely,

The Health Centre Team



**Health Centre**

**Lester B. Pearson College of the Pacific and United World Colleges (Canada)**

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Located on the unceded territory of the Sc'ianew (Beecher Bay) First Nation

**TO BE COMPLETED BY THE PARENT OR GUARDIAN**

**This form must be returned to Pearson by May 31, 2023**

This form is for College purposes only and will not be submitted to any other agency or organization. The information will be held in confidence as part of the student’s health record at the College Health Centre.

Student’s full name \_\_\_\_\_

Date of birth: Day/Month/Year \_\_\_\_\_ male | female | other |

Student’s home address: \_\_\_\_\_

I/We \_\_\_\_\_, parent(s) / guardian(s) of \_\_\_\_\_ (the “Student”), consent to Lester B. Pearson College of the Pacific using or disclosing medical information when necessary for the medical treatment of this student, or to enable Pearson College, or its employees to make reasonable and informed decisions regarding the participation or supervision of the student in programs offered by Pearson College.

I/We hereby authorize the Head of College or College Nurse or a delegate to act on my behalf in arranging necessary medical intervention by qualified medical practitioners for my dependent in the event of injury or illness.

I/We understand that students are considered adults under Canadian Law and as such students are able to consent to all medical decisions on their own, without parents being consulted. It is also against the law for medical professionals to disclose information about students to anyone, including their parents, without their specific consent.

I/we understand that students are responsible for all expenses not covered by medical plans, such as dental and optical services, and all prescription and non-prescription medications.

I/We have completed the medical report and believe that it discloses all necessary information about the health of my student. I/We understand that failure to disclose relevant information could result in Pearson not being able to accommodate the student’s health needs, therefore the student would be asked to return home.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

**MEDICAL INSURANCE COVERAGE (Canadian Students)**

Please attach a photocopy of the Health Care card.

Medical Plan No. \_\_\_\_\_

Province of issue \_\_\_\_\_

**IMMUNIZATIONS**

Students MUST be fully immunized before coming to Pearson. It is extremely challenging to arrange for any missing vaccinations at the start of the year so students who are not fully immunized will likely have to miss out on the start of CAS activities and the experiential week.

The following vaccinations are MANDATORY for Pearson College:

- Tetanus, Diphtheria, Pertussis – 5 doses – \*\* must have had a booster within the last 8 years \*\*
- Polio – 5 doses - \*\* must be the shot, not the oral dose \*\*
- Measles, Mumps, Rubella – 2 doses
- Hepatitis B – 3 doses
- Chickenpox (Varicella) – 2 doses or doctor verified infection
- Meningococcal Conjugate – 2 doses – infant doses
- Pneumococcal-13 – 3 doses – infant doses
- Meningococcal ACYW – 1 does – must be given after age 13
- COVID-19 – two doses of a WHO approved vaccine
  
- Human Papillomavirus – 2 doses - \*\*strongly recommended but not mandatory \*\*

Please complete the Pearson College requirements below not included on your UWC General Medical form:  
**Upload your original proof of vaccination with this form.**

Immunization				
Tetanus, Diphtheria, Pertussis	Date of most Recent dose			
Polio	Oral immunization <input type="checkbox"/>		Injected immunization <input type="checkbox"/>	
Pneumococcal	D1	D2	D3	
Meningococcal C Conjugate	D1	D2		
Meningococcal ACYW	D1			
Chickenpox (Varicella)	Doctor verified infection date		Or D1	D2

Please give dates of the following **optional** immunizations:

Immunization				
Yellow Fever				
Human Papillomavirus (HPV)	D1	D2	D3 (if started series after 15 <sup>th</sup> birthday)	
Others (specify):				

If you have had a tuberculosis vaccine (BCG) please give the date. If you have not been vaccinated, you must have a tuberculin (Mantoux) (TB) test prior to arrival and chest X-ray if TB test is positive.

BCG: \_\_\_\_\_ Date: \_\_\_\_\_

Tuberculin Test Result: \_\_\_\_\_ Date: \_\_\_\_\_

**MEDICAL CONDITIONS**

Does the student currently have any of the following medication conditions?

	YES	NO
Respiratory problems including asthma		
Cardiac disease including heart murmur, hypertension and congenital defects		
Gastrointestinal conditions including Crohn's, IBS, and celiac's disease		
Musculoskeletal issues including arthritis		
Neurological issues including seizures, migraines and fainting		
Head injuries including concussions		
Endocrine issues including diabetes and thyroid issues		
Menstrual issues including heavy periods, and uterine cysts		
Eye, ear or nose concerns including chronic nose bleeds or hearing or vision loss		
Climate issues such as heat stroke or issues related to humidity or altitude		
Chronic skin conditions including acne, and psoriasis		

Please provide details of all the medical conditions indicated above:

What is the condition and when was the student diagnosed? Please provide diagnosis and approximate date.

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What are the signs and symptoms of the condition?

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Is the student undergoing any treatment or taking any medication for the condition (if yes, what is the dose and frequency)?

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Is there any reason to think the student may have difficulty adjusting to a boarding school environment? Please explain.

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Is there anything else you think the college should know? Please explain.

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**MENTAL AND EMOTIONAL HEALTH**

**In the last five years, has the student had any of the following?**

	YES	NO
History of drug or alcohol abuse		
Eating disorder		
Depression		
Anxiety		
Bipolar		
Schizophrenia		
Autism		
Attention deficit disorder or attention deficit hyperactive disorder		
Suicidal thought or plan		
Self-harm or cutting		

Please provide details of all the conditions indicated above:

What is the condition and when was the student diagnosed? Please provide diagnosis and approximate date. If the condition has not been diagnosed, but is suspected, please provide information about why this condition is suspected.

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Is the student undergoing any treatment or taking any medication for the condition (if yes, what is the dose and frequency)?

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Has the student taking any medication for anxiety or depression **in the last five years**? If yes, please indicate medication and dates.

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**MEDICATIONS**

Is the student taking any medication **not listed above** (if yes, what is the name of the medication, the dose and the frequency)?

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**ALLERGIES**

Does the student have any allergies? If yes, please list:

ALLERGY	TREATMENT	SEVERITY (mild, moderate or severe)